

FOR IMMEDIATE RELEASE

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June 2, 2009

Bayside Marin Treatment Program Offers Community Speakers

(San Rafael, CA) – As part of a continuing series of talks on wellness featuring topics as wide-ranging as Buddhism and Recovery to Comedy, two more are scheduled for July at Bayside Marin's outpatient drug and alcohol outpatient treatment center in downtown San Rafael.

Next up on Thursday, July 9, Joe Klocek, a San Francisco comedy headliner who performs his act with an eye toward the political and the absurd (not mutually exclusive, apparently) as well as comedic insight into recovery from chemical dependency.

After the laughs comes mediation instruction and a Dharma talk with Mark Seiyu Adams a priest from the Sonoma Mountain Zen Center, who will speak on the benefits of a spiritual practice in recovery, Tuesday, July 21.

As part of this education and awareness effort Bayside Marin has twice hosted the popular Don Miguel Ruiz Jr., son of the best-selling author of *The Four Agreements* and many other books on Toltec wisdom.

Both July events begin at 7p.m. and are free and open to the public. For more information call Bayside Marin at (415) 721-2000.

Six-year-old, San Rafael-based Bayside Marin is the premier residential and outpatient treatment facility in Northern California with a truly holistic approach to recovering from addiction in a comfortable, intimate setting.

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